



# I am on a call.

## Our rules while I am busy:

- Stay in the living room or your bedroom
- Ask a brother or sister nicely if you need help
- Be kind and help each other
- Use your inside voice



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## While I am on the phone you may:

- Play board games
- Color
- Play with toys
- Watch *PBS Kids*
- Make a box tower



I will be done at 11:00 a.m. and we will have lunch.

# ON OUR SLEEVES<sup>®</sup>

The Movement for Children's Mental Health