

What I'm Thankful For

What makes me happy:

What I'm thankful for:

1.

2.

3.

I am thankful for these people because:

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The Movement for Children's Mental Health

Giving Thanks

Write what you are thankful for each day and share with your family members.

Today I am thankful for...

Monday: _____

Tuesday: _____

Wednesday: _____

Thursday: _____

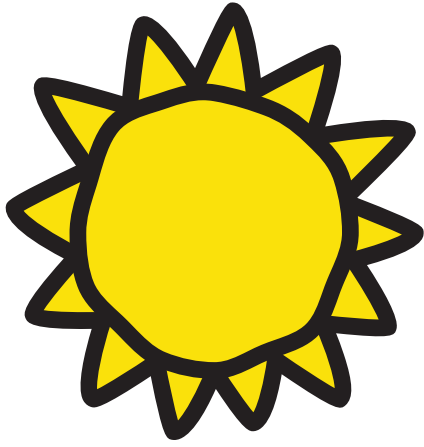
Friday: _____

Saturday: _____

Sunday: _____

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You light up my life!
I'm thankful for you!

To: _____

From: _____

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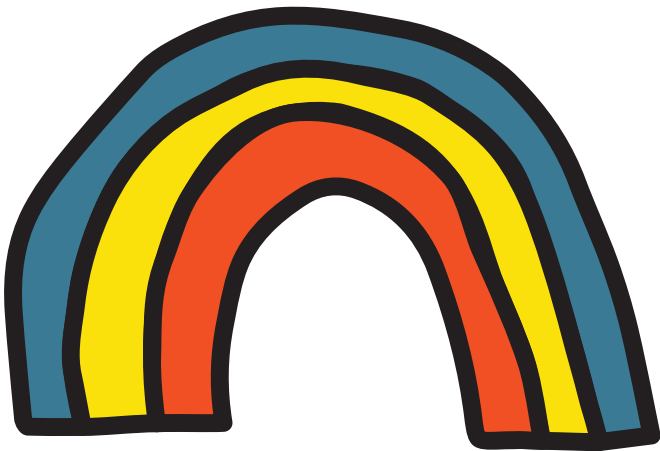
My heart is full because of you!
I am thankful for you!

To: _____

From: _____

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I'm thankful for you!
Here's a virtual hug!

To: _____

From: _____

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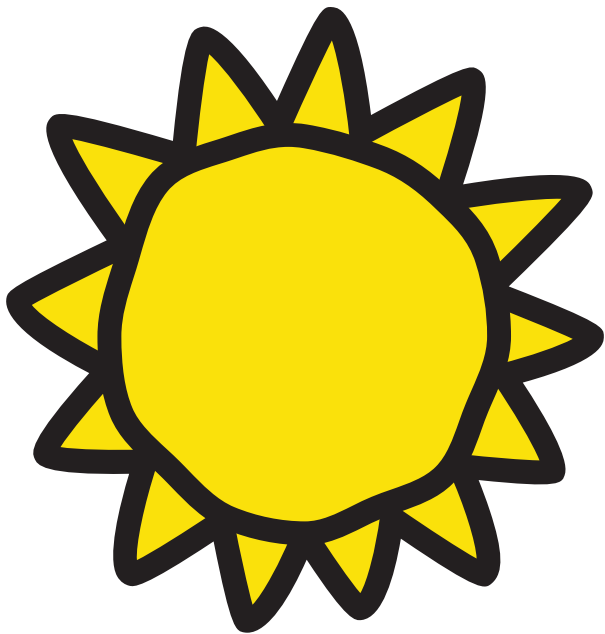
Just because we can't be together
doesn't mean I'm not thinking of you!
I'm thankful for you!

To: _____

From: _____

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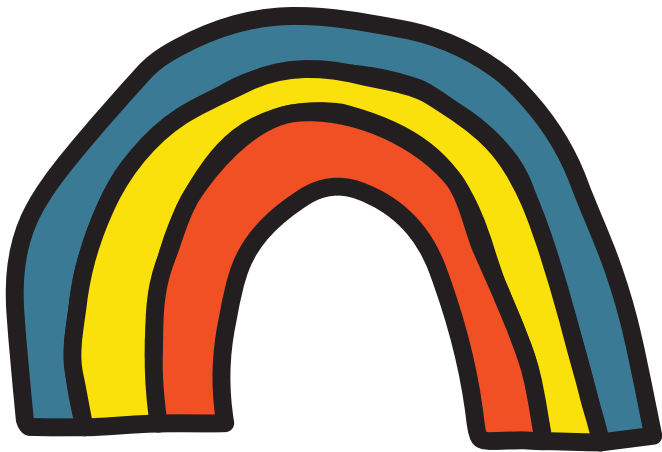
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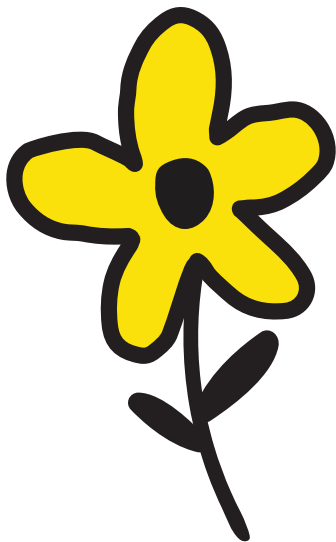
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I'm thankful for you!
Here's a virtual hug!

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